



Welcome to the 2020 Long Beach Junior Lifeguard Program!

We are looking forward to another amazing summer! On the first day, Monday, July 6th, please make sure your participant(s) arrive on time, in uniform, and wearing a face covering. The check in process will differ from previous years for safety precautions.

The drop off and pick up location for Junior Lifeguards is at the Claremont parking lot; see map attached. We would like to remind you to please follow all traffic laws when dropping off or picking up your Junior Lifeguard (i.e. park in designated areas only, no double parking, observe speed laws, do not block traffic, etc.).

DROP OFF (Map included for reference)

Upon arrival, Junior Lifeguards will be instructed to go to their respective screening area on the sand between Claremont and JG Headquarters (55th Place). LBJG Staff will be ready to begin screenings starting at 8:45am / 12:45pm. There will be signage indicating the separate screening areas for the various age groups (Cadets/A's, B's, and C's). Parents will be able to accompany their child while they wait in line to be screened, so long as they are experiencing no COVID related symptoms and are wearing a face covering. There will be cones placed six-feet apart in the sand to encourage adherence to social distancing.

At the screening area, each Junior Lifeguard will be checked in, asked if they are experiencing any COVID related symptoms, and have their temperature taken with a no touch thermometer. If the JG's temperature is below 100.4 degrees Fahrenheit and they have no COVID-related symptoms, they pass the screening, and will be instructed to move to the staging area where their instructor will be waiting to direct them. At this point, parents are free to leave. The staging area will be divided by groups and consist of physically distanced cones in the sand.

If their temperature is at or above 100.4 degrees Fahrenheit or they are experiencing ANY COVID-related symptoms, they will be isolated from the rest of the program, and a parent/caregiver will be contacted to pick them up immediately.

There will be no first day orientation this year, and parents/caregivers will not be allowed past the screening area. Once all JGs are screened and checked in, we will begin our daily activities with modifications as needed. So please come prepared and in uniform. At this time, we will only be screening until 9:10am / 1:10pm each morning/afternoon to allow for instructors begin their day with their groups, so it is imperative that everyone is **on time**. As a reminder, uniform consists of the LBJG issued trunks, LBJG t-shirt and/or sweatshirt, as well as a face covering. Girls are required to wear a red or navy one- or two-piece competitive style swimsuit.

What to bring: Please bring a small duffel bag or backpack to store your belongings and leave any valuables at home. All JGs should also have an individual bottle of hand sanitizer, sunscreen, food/snacks, a towel, and enough water for the day.

PICK UP (Map included for reference)

At the end of the day, groups will be dismissed by their instructor in a staggered manner to maintain physical distancing and taken to the same area that they were dropped off. There will be physically distanced cones placed in the sand directly adjacent to the parking lot, where JGs will be instructed to wait for their ride.

BIKING

If your JG will be biking to and from the program, please take the time to talk to them about bike safety and sharing the road with other vehicles. Bike racks are located between the Claremont parking lot and the bike path. Each JG must provide their own lock. **We require all JGs wear a helmet...it is the law.** We also ask that your child respect the property of the homeowners in the area and not to walk through the flower planters around them. If a Junior Lifeguard who bikes to the program fails their health screening, they will not be released to bike home. They will be directed to the isolation area, and a parent/guardian must pick the JG up from the program as soon as possible.

Thank you for your cooperation, we are looking forward to another great summer! If you have any questions, please call (562) 536-7807 or email LBJG@longbeach.gov.

LBJG Staff